

Why are you here?

- You're a leader at your site
- Sharing experiences

What informs your mission?

- Awareness of opportunity gaps and achievement gaps
- Working knowledge of ages and stages

At Every Age and Stage Kids Need:

- Choice
- Independence
- Time to practice skills
- Modeling
- Adult support

6 to 8 Years (K -2nd grades)

This Child is:

- Cultivating patience
- Developing a sense of right and wrong
- Expressing thoughts and feelings more articulately
- Playing to learn

You can:

- Give praise and encouragement
- Make rules and expectations clear
- Model behavior before you expect them to do it
- Give time for practice of behavior and skills

9 to 11 Years (3rd-5th grades)

This Child is:

- Beginning to see others' point of view
- Has an increased attention span
- Developed more nuanced understanding of right and wrong

You can:

- Create opportunities for responsibility
- Model respect and work ethic
- Celebrate accomplishments and successes

12-14 Years (6th through 8th grade)

This Child is:

- Moving away from family and towards friends
- Developing abstract thought and more able to express feelings through talking
- Experimenting with identity and self-expression

You can:

- Show respect by listening to them and collaborating
- Allow for as much flexibility and room for student input as possible
- Model adult behaviors: they will do as you do

What Are Best Practices?

At Every Age and Stage...

- A limit on screen time
 - 1 hour a day up to age 12
 - up to 2 hours a day for older kids
- At least an hour a day of exercise

Effort-Based Ability

Intelligence is:

- Motivation
- Good educational instruction and experiences

You can:

- Praise the effort, not the perceived ability
- Model that challenge and failure are good

Asset-Based Versus Deficit-Based Youth Development

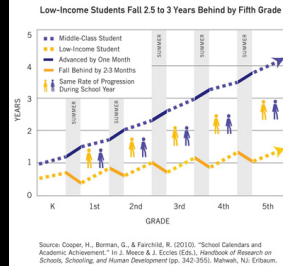
New Way: What strengths do your youth come to you with?
– **Old Way:** As opposed to deficits

New Way: What are they excited about?
– **Old Way:** As opposed to what you want them to be excited about

Achievement Gap

Defined as a:
"persistent disparity in academic performance or educational attainment"
—National Education Association

- Socio-economic status
- Racial and ethnic minorities
- English Language Learners

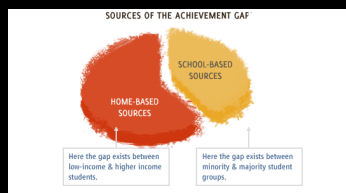


Opportunity Gap

- Lack of access to enrichment and experiences
- Greatest Crisis facing America's schools
- The cause behind the achievement gap

Time for switch from standards-based reform
to support-based reform

Where Does After School Fit in?



How Big is After School's Piece of the Pie?

X-Factor in Out of School Time

Where does OST time fit?

Provides *opportunities* to learn through play and exploration

